

TRAIL LAKE DISTRICT HOSTEL HOP

This four-day route covers 50 miles and climbs 24 mountains, staying at a different YHA hostel every night - which makes for unburdened walking. The route can start and finish at any hostel, but the directions below are written for a clockwise circuit. Enjoy!

BORROWDALE TO KESWICK

Distance 17.5km (10¾ miles)

Wainwrights bagged:

Dale Head, High Spy, Maiden Moor, Cat Bells

How tough? Steep climb to Dale Head summit (753m), followed by rolling ridge walk across Newlands Fells to Keswick. The route finishes by following the Cumbria Way around Derwent Water.

Dale Head (753m) high point of the day

THE CUMBRIA WAY

Cat Bells

High Spy

HONISTER SLATE MINE



KESWICK



This town-centre hostel provides a welcome alternative to the seclusion of the other three. You can spend the evening relaxing in the hostel or head out to the pubs of Keswick.

BORROWDALE



Situated on the banks of the River Derwent, this spectacular wooden-fronted hostel has been fully modernised on the inside, while still retaining its rustic charm. A real classic.

Dale Head (753m) high point of the day

Clough Head

Great Dodd

RAISE



Helvellyn

Helvellyn (950m) high point of the day



Standing 963ft up England's third highest peak, YHA Helvellyn is a dream refuge for mountain lovers. You can walk, cycle, climb, scramble and even ski from the door.

Fairfield (873m) high point of the day

Glaramara

Allen Craggs

LANGDALE TO BORROWDALE

Distance 23km (14¼ miles)

Wainwrights bagged

Lingmoor Fell, Pike of Blisco, Crinkle Craggs, Bowfell, Esk Pike, Allen Craggs, Glaramara

How tough? Possibly the toughest of the four days. The route is long and rocky, with a steep pull up to Pike of Blisco and plenty of undulation before the descent into Borrowdale.

Esk Pike

THE GREAT SLAB

Bowfell (902m) high point of the day

Crinkle Craggs

THE BAD STEP

Pike of Blisco

Skiddaw

KESWICK RAILWAY FOOTPATH

THIRLMERE

SKI SLOPE

SWIRRAL EDGE

STRIDING EDGE

GRISEDALE TARN

Gibson Knott

Helm Crag

EASEDALE TARN

Pavey Ark

STICKLE TARN

Langdale Pikes

Grasmere

RYDAL WATER



LANGDALE



This converted Victorian mansion is perched above its own three-tier arboretum that's managed by the National Trust, and offers fantastic views of the nearby Langdale Pikes.

Lingmoor Fell

BLEA TARN

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